

Sexually transmissible infection (STI) rates in Queensland are high and increasing.

In Queensland, notifications of a number of common STIs are highest among 15–29-year-olds. This group also has a significant knowledge gap when it comes to sexual health and STIs¹.

Only 11% consider themselves at risk of STIs¹

Only 1/3 of young people have ever had an STI test¹

Stop the Rise of STIs is the new campaign from Queensland Health to encourage young Queenslanders to 'Get Tested and Use Protection – every partner, every time'. It is anticipated that the campaign activity may result in an increase in young adults presenting to GP practices across Queensland requesting STI testing or wishing to discuss their sexual health.

We need your help

These young people are most likely to consult with a GP about their sexual health. The majority of young people consider GPs as generally approachable for discussion, with 40% having already discussed their sexual health with a health professional¹.

We're here to help

Increasing knowledge of safe sex, establishing STI testing as a norm and increasing the number of young people being tested is not easy – even awkward at times.

This pack includes clinical information and campaign resources, as well as a conversation starter guide to help you with the nearly 50% of young people who are nervous, or embarrassed to talk about their sexual health¹.

Included within this pack:

- Sexual Health Youth Attitudes and Behaviour Survey – Summary of findings for Health Clinicians
- STI/BBV Testing Tool for Asymptomatic People
- Chlamydia and Gonorrhoea testing/Self-collection of samples for STI testing – resource
- Having conversations about sexual health with young people – resource
- A3 poster (for consulting rooms)
- Information for you – A5 pad of tear-off flyers for patients.

Additionally, there are a range of sexual health resources and links to accredited sexual health training for health professionals available on the Queensland Health website (www.health.qld.gov.au/clinical-practice/sex-health) that you can access at your convenience.

We hope you find the information valuable and thank you for being an advocate and ambassador for good sexual health for young Queenslanders and the **Stop the Rise of STIs** campaign.

¹ Online survey of 15–29-year-olds (n=1,451) living in Queensland, conducted July-August 2017

**STOP THE
RISE OF STIS**

**Get tested. Use protection.
Every year. Every partner.**

qld.gov.au/stoptherise



**Queensland
Government**